

this menu prepared for you by:



bite bolt<sup>TM</sup>

ANY restaurant - delivered lightning fast

bitebolt.com 805.328.5050

## Omelet Sandwiches

With Either Egg or Egg White

### Egg & Cheese (with Choice of Veggies & Black Forest Ham)

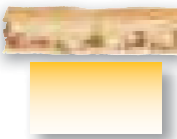
Mornin' Flatbread or English Muffin Melt



6-inch Flatbread or Subs



Footlong™ Flatbread or Subs



## Signature Varieties

Mornin' Flatbread or English Muffin Melt



6-inch Flatbread or Subs



Footlong™ Flatbread or Subs



### Sunrise SUBWAY Melt®

Turkey Breast, Black Forest Ham, Bacon, Egg & Cheese

### Breakfast B.M.T.®

Pepperoni, Genoa Salami, Black Forest Ham, Egg & Cheese

### Bacon, Egg & Cheese

### Steak, Egg & Cheese

## Drinks & Sides

Juice

Coffee  16oz.



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# LEAVE THE CATERING TO US!

**FAMILY GATHERINGS • OFFICE MEETINGS PARTIES • ANY OTHER OCCASION**

SUBWAY® restaurants have many catering options available to you. Make it easy for yourself and order a Subway to Go!™ Meal or a Giant Sub or choose one of our Sandwich Platter Options: Subway Fresh Fit®, Classic Combo, Flavor Craver™ or create your own platter with any combination of our cold sandwich selections. Napkins and an assortment of SUBWAY® sauces, mayonnaise and mustard are supplied with each Giant Sub and Platter.



### Sandwich Platters

ITEM	SERVES	PORTION	ITEM
Sandwich Platter	5-9	15 pcs.	36 Cookies

### Giant Subs

LENGTH	SERVES	PORTION
Approx. 3ft	10-12	18 Portions
Approx. 6ft	20-25	36 Portions

### Subway to Go!™ Meal



Advance notice is recommended for giant sub orders or a large catering order. Recommended portions may vary based on type and size of group. Please consult the SANDWICH ARTIST® for additional information. Length is an approximation, actual length may vary.

Subway to Go!™ Meal consists of a 6" cold sub, 1 cookie, 1 side and a napkin. Your choice of side includes chips, yogurt or apples. Packed in a stackable box. Convenient for outings and company meetings. Available at participating locations.

## At SUBWAY® Restaurants, We Have Your Fresh Interests At Heart

Welcome to SUBWAY® Restaurants, where great taste and variety come together for your convenience. This menu represents our commitment to helping you discover and enjoy all the delicious choices SUBWAY® Restaurants have to offer.

We offer a variety of sandwiches and salads and encourage you to customize your order to satisfy your taste. Our menu includes a complete listing of ingredients to help you make informed choices – so you can either eat sensibly or splurge.

It's all here for you. So enjoy! We're glad you came.

**SUBWAY**  
eat fresh.®

Menu and prices are subject to change without notice.  
[www.subway.com](http://www.subway.com)

\* Our 6" Regular Subs with 6g of fat or less and 6" Double Meat Subs with 8g of fat or less are prepared according to standard recipes with meat, lettuce, tomatoes, green peppers and red onions and without cheese or condiments (e.g., mayonnaise) and are made on Italian or wheat bread. Customer requests to modify standard sandwich recipes or add cheese or condiments may increase fat or calorie content. Salad nutritional values do not include salad dressings or croutons.

† "Coca-Cola," "Diet Coke," "Dasani," "Minute Maid," and the Dynamic Ribbon are registered trademarks of The Coca-Cola Company. All rights reserved. Baked! LAY'S, DORITOS, DORITOS Logo, LAY'S, LAY'S Logo are trademarks used by Frito-Lay, Inc.

Double Meat refers to meat content only. Double Meat not offered on Premium Subs.



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**SUBWAY**

# Take-Out Menu



# Step 1

## Your Menu Choices

Footlong™ Sub • 6-inch Sub • Salad • Flatbread

# Step 2

## Choose Your Bread

9-Grain Wheat • 9-Grain Honey Oat  
Italian • Italian Herbs & Cheese • Flatbread

# Step 3

## Choose Your Cheese

American • Monterey Cheddar

# Step 4

## Choose Your Veggies

Lettuce • Tomatoes • Cucumbers • Peppers  
Red Onions

## More Variety?

Pickles • Olives • Banana Peppers • Jalapeños

# Step 5

## Choose Your Sauce

Fat Free per 0.75 oz (6") serving

Mustard • Honey Mustard • Sweet Onion  
Red Wine Vinegar

Full Flavor

Light Mayo • Chipotle Southwest • Ranch  
Mayo • Oil

# Step 6

## Make it a Meal

Choose Your Drink • Choose One Side



Meatball Marinara

B.L.T.  
Bacon, Lettuce & Tomato

Spicy Italian  
Pepperoni, Genoa Salami

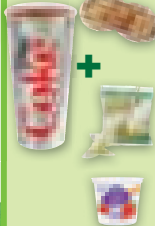
Cold Cut Combo  
Bologna, Salami & Ham  
(All Meats are Turkey Based)

Black Forest Ham **5 grams fat**

Veggie Delite® **6 grams fat**

Value Meal Add

Drink + 1 Side



Substitute Milk or Bottled Beverage for your Fountain Drink



Oven Roasted Chicken **6 grams fat**

Tuna



Buffalo Chicken

Turkey Breast



Italian B.M.T.®  
Pepperoni, Genoa Salami,  
Black Forest Ham & Cheese

Turkey Breast & Black Forest Ham



Sweet Onion Chicken Teriyaki **6 grams fat**



Chicken & Bacon Ranch

Roast Beef

Steak & Cheese

Subway Club®  
Turkey Breast, Black Forest Ham & Roast Beef

Subway Melt®  
Turkey Breast, Black Forest Ham & Bacon & Cheese



Big Philly Cheesesteak



\*Fat content refers to 6-inch sub on white or 9-grain wheat bread prepared according to standard recipe without cheese or condiments that contain fat.  
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## Salads or make any regular sub a salad

Veggie Delite®

Oven Roasted Chicken

Tuna

Black Forest Ham



## Jared's Favorites **6 grams fat max 6" sub\***

Roast Beef • Veggie Delite® • Sweet Onion Chicken Teriyaki  
Subway Club® • Turkey Breast • Turkey Breast & Black Forest Ham  
Black Forest Ham • Oven Roasted Chicken

\*SUBWAY FRESH FIT® should not be considered a diet program.  
\*Fat content refers to 6-inch sub on white or 9-grain wheat bread prepared according to standard recipe without cheese or condiments that contain fat.



# Kids



Includes a Fit Mini Sub Of Your Choice (Turkey Breast, Black Forest Ham, Roast Beef or Veggie Delite®) with Apples, a Drink & Premium.

\*SUBWAY FRESH FIT® should not be considered a diet program. Fit Mini Subs on 9-grain wheat or Italian bread without cheese or condiments that contain fat.

# Sides & Drinks

## SIDES

Chips

Cookies

Apples

Yogurt

## DRINKS

Fountain

Bottled Beverage

1% Milk

or Flavored Milk

Juice Box

# Extras

Bacon

Pepperoni

Double Meat

Extra Cheese

6-inch

Footlong™